

Blood Donor **PRE-SCREENING GUIDELINES**

You Are Not Able To Donate Today If:

Temporary Reason

Length of Time Before Donating

- Not feeling well, cold, sore throat, asthma, cold soreUntil symptoms are over
- AcupunctureMust be evaluated/up to 1 year
- Antibiotics (*acceptable for acne*)1 day after treatment
- Blood transfusion1 year
- Accutane, Proscar, Propecia1 month after last dose
- Avodart6 months after last dose
- Pregnancy, miscarriage6 weeks after delivery/miscarriage
- Lyme disease1 year after last treatment
- Sexually transmitted disease1 year after diagnosis and treatment
- Cancer (*Basal Cell acceptable*).....3 years
- Smallpox vaccine3 weeks

Permanent Reason

- Member of any high-risk group for AIDS
- Hepatitis (*past or present*)
- Tegison for Psoriasis
- IV user of illegal drugs, even once
- Travel to U.K. with 3+ months of accumulated time (1980-1996)
- Travel to Europe with 5+ years of accumulated time (1980 to present)
- Current or former military personnel (incl civilians) and their dependants, who resided for 6+ months at military bases in Germany, U.K., Belgium, and The Netherlands (1980-1990), or resided for 6+ months at military bases in Greece, Turkey, Spain, Portugal and Italy (1980-1996)

Basic Donor Requirements:

AGE: 16 years old (with parental consent)

WEIGHT: 120 pounds minimum

DONATION INTERVALS: 8 weeks/56 days between donations (2 unit red cells 16 weeks/112 days)

MEDICATIONS: Aspirin, vitamins, birth control pills, blood pressure and cholesterol medications are all acceptable. Other medications will be evaluated by the screener at the time of donation

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